



# OCTOBER BREAKFAST MENU

2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cheerios Sliced Bananas Milk	4 Cinnamon Rolls Apple Slices Milk	5 Oatmeal Pineapple Chunks Milk	6 Waffles Turkey sausage Pear Slices Milk	7 Cornflakes Orange Slices Milk	8
9	10 Multigrain Cheerios Sliced Bananas Milk	11 Blueberry Muffins Orange Segments Milk	12 Scrambled eggs Turkey Bacon W Wheat Bread Peach Slices Milk	13 Rice Chex Fresh Pineapple Slices Milk	14 Oatmeal Apple Slices Milk	15
16	17 Honey Bunches of Oats Sliced Banana Milk	18 Waffles Turkey Bacon Orange Slices Milk	19 Cornflakes Pineapple Slices Milk	20 Scrambled Egg Turkey Sausage W Wheat Bread Apple Juice Milk	21 Honeycomb Peach Slices Milk	22
23	24 Multigrain Cheerios Sliced Ripe Bananas Milk	25 Blueberry Muffins Sliced Cantelopes Milk	26 Oatmeal Apple Slices Milk	27 Pancake Turkey sausage Pear slices Milk	28 Honey Bunches of Oats Orange Slices Milk	29
30	31 Corn Chex Sliced Bananas Milk					

This Institution is an Equal opportunity provider.